

# *Fear Me Out Podcast*

## **Episode 43**

Hosted by Clinical Psychologist - Dana P. Saperstein PhD.

*Guest Speaker*

**Katie Clark - Relationship Coach**

**Kim Fauskee** 00:01

So we've done a few weeks now of a relationship series. And we thought it to kind of put in into this series, at least for the time being that we will talk about dating and what it's like to date in 2022. And not only are we welcoming back our CO hostess, Justine Hamilton, but we're bringing on Katie Clark, who is a dating coach and matchmaker. So for those of you that are looking to get into relationship, want to get into a relationship, or hoping to get into a relationship, this is an episode for you. We have a little fun with Katie on this and her perspective, I wouldn't call it unique. But instead of telling you what you want to hear, she tells you what you need to hear. It's kind of old school rules with a new school style. And I think you'll really enjoy listening to Katie and Dana, I think there was some important things that came out of this conversation with Katie.

**Dr. Dana** 01:08

Well, just to let everybody know if they want to read about her that her website is dating with Katie. And I would say that she has a very, very strong opinion about, you know, what it takes for men and women to be able to successfully negotiate a relationship. And I was actually kind of surprised by how specific she was about the different ways of approaching things and what's required of a Bender woman, again, a very traditional approach, but I think she had a lot of important things to say. So I hope you guys enjoy this episode, dating with Katie. There are two basic motivating forces, fear and love. When we're afraid we pull back from life. When we're in love, we open up to all that life has to offer with passion, excitement, and acceptance.

**Fear Me Out** 02:15

Coming to you from our studio in Santa Barbara, California. This is the fear me out podcast. We're not your typical Self Help Program. Our show takes a deep dive into those psychological issues that affect us on a daily basis. We hope to shift your perspective and have you experiencing emotions differently. Now here are your hosts Kim Fauskee. And Dr. Dana Saperstein.

**Kim Fauskee** 02:36

So this is an episode that I've actually been looking forward to for a couple months now. And we finally got our schedules together to actually make it happen. We continue. Maybe we're at the tail end now of our relationship series. So we thought it would be not only informational, but fun to talk about dating and 2022. And what's that, like? I happened to stumble upon Katie's website, many months ago, when Dana and I were talking about potentially doing a series on relationships. And being the primal man, her

her looks struck me first. But once I got over, once I got over that. I got into her content, and realized that she wasn't the traditional person out on social media sitting there telling you what you want to hear. But she was telling you what you need to hear. And she was kind of old school with an updated perspective. And I really appreciated that. And I thought our listeners would really appreciate her perspective, as well. So this is for those who are single, I guess I'm maybe the only single person here. Those that are going to be single, and those that want to be single today. So anyway, daddy or Katie, I'm sorry, dating and Katie kind of go together there. So Katie, welcome. And this is Katie Clark dating with Katie episode. So how does one become a dating coach and matchmaker?

**Katie Clark** 04:18

So surprisingly, my background has no depth in psychology or the things that you would think, Oh, I want to be imagined like you're growing up. But believe it or not, I remember finding it going through my parents house, an old newspaper article that I wrote, all about love and a perfect prom and different things like that. So it's always been within me. But as a mom, when I was married, I was a missionary in China. And being in a job being in a relationship like that, you know, I had three kids, I was married. I loved people. So I'm in a foreign country. I'm meeting everybody. I opened a restaurant, because I like people. So ultimately, fast forward 10 years I get divorced. I still love people. But now I get to go meet as many as I want being single. And I also learned that being pretty and taking good care of myself was very helpful in the dating market. I didn't seem to have problems like everybody else did. So, combining those two just loving people and going on a lot of dates, I went on a date for a company, and ultimately ended up working for him. So I'm working for sync matchmaking. And I remember thinking I should do this job. And I literally asked them, I said, Erica, after she put me on the date with Ted, I said, Can I join your team? That's that.

**Kim Fauskee** 05:48

How long ago was that?

**Katie Clark** 05:52

About nine years ago.

**Kim Fauskee** 05:57

And so how big is your clientele? How, how big of a practice Do you have?

**Katie Clark** 06:05

So we are a company it's called sync matchmaking cin q e.com. You can check us out. We have multiple matchmakers. So you kind of work as an independent contractor in a sense, and you get your own clients. But we work as a team as a huddle. And our database is got 1000s and 1000s of amazing people. And that's really important when you're finding a matchmaker, it's how big is their Rolodex. And I think that's what's important. We have one in Dubai, Miami, Canada, Denver, and I'm here in Orange County in LA. And really, we can take clients anywhere, because we do not work with other matchmakers. And our database is so full. So that's there's so many important questions to ask if you are going to hire a matchmaker. But those are some key components of women who are doing a great job and not thinking.

**Kim Fauskee 06:56**

So you already offered up the segue, why would somebody hire a matchmaker?

**Katie Clark 07:02**

Because they're busy doing what they do? Well, that's it, this is what I'm good at. I know more women than you'll ever swipe right on. And I'll get you more dates, without any work. I mean, we just had a client 33 wants to get married, works for the ravens, a great young guy, but he's busy working. He does all the analytics for the ravens, and he for nine months is focused. So when his three months of free summer comes up, we've literally had dates lined up for him, you know, pre approved women that he was interested in, we set the date up, we're like the Ritz Carlton of matchmaking, you know, we really do the whole gamut, where we set the data, we do feedback, we check in on everybody, lots of texts, you know, are you ready for your date tomorrow? Did you text her? How's the communication going? So our clients are just busy with life, and they don't want to be spending the time swiping on what I say 80% of people who shouldn't be dating. So you got to find the 20%.

**Kim Fauskee 08:11**

So so obviously, there's probably a significant cost involved in this. So I'm assuming that the people that sign up for a matchmaking service, or looking for a long term relationship or looking for marriage, that assumption be correct.

**Katie Clark 08:25**

You'd be surprised. Not everybody is coaching as well. And I will say, my coaching clients seem a little bit more focused. Because in matchmaking with our company, we give you unlimited dates. So sometimes for them, they just want to go date. I took a big, very famous client last year, who just broke up with another very famous woman, and he just wanted to date. He just want to have fun. And we do preface that when we speak to a potential match, we say, hey, look, this guy's serious. He wants to get married, you might have to move to where he lives, like, like my guy in Baltimore. Or, hey, this guy is just looking for fun. And as I say, there's an ask for every saddle. So you just got to find that person.

**Justine Hamilton 09:19**

Besides expectations, what else do you look for when you're making a match between a man and a woman?

**Katie Clark 09:25**

I mean, everyone has their expectations, which I try to tell them to let go of. Because when you make these matches, it's very one dimensional. So photo, bio, you don't know their energy, how they you know, come off. But for me, I call it the picture frame. Do they even look cute together? Does this make sense? Can their reality actually work? Just because you think she's hot? I know her background. And it's crazy and messy and she Busy with her kids. I don't care how hot she is, she doesn't have time for you. And there you go, like, like Kim said, I'm gonna be honest, you can take her out. But she probably won't go on a second date with you. Because you have different alignments.

**Kim Fauskee 10:17**

So you talked about not being a psychologist and what ultimately drew you to this profession. But I'm sure there's a lot of psychology that goes into matchmaking, whether you're a psychologist or not in terms of actually putting people together, making sure their personalities actually potentially are a match. So I'm wondering how much goes into that? And are there clients that you just say, Hey, listen, you're either not right for me, or you shouldn't even be dating at all.

**Katie Clark** 10:51

I actually addressed that in my podcast, discussing how 80% of people who are out there dating, aren't even ready to be dating. Believe it or not, I did check a poll on my Instagram. And 33% of my followers said they just jump into dating, before they even prepare themselves. Versus the others said they want their ducks in a row, a lot of men want that, or I'm doing the work to get myself ready. So that's a little bit scary, to be honest. Um, but it's essential. I mean, there just comes a point where it's common sense, but common sense isn't so common anymore. So that's why I gotta keep it real with people. There are, and you talked about this, you know, I just spoke about this. someone's like, I'm a seven, eight on this scale. I'm an E and J, F. I don't know what these things mean. Because what I do know, if he really likes you, he doesn't care what you are, he doesn't care where you live, a man will put effort in.

**Kim Fauskee** 11:58

They're not actually going after your Myers Briggs. It is funny because like I had mentioned in the intro, here, I am the single person in this panel today. So I've had experience not only dating organically, which is actually my preferred method, but also have done, you know, some of the online things I've not had much luck online. I've met some really good people there and maintained some good friendships from it. But you know, I've always had better luck organically. And I don't. I'm not one of these people that have problems meeting people, it's meeting the right person, for me.

**Katie Clark** 12:44

So I have a question. Because I'm not a huge fan of organic. What's your approach? Do you have a line? Do you have a place where you feel comfortable? Like, is it kids soccer matches their grocery store? Like, why don't you share your approach? Because you seem to like it?

**Kim Fauskee** 13:02

I don't know, you know, I don't know, if I have a specific approach. I I'm probably like you I'm personable in a way and hopefully not lecherous in a way where people or women think that I'm threatening, I just strike up a conversation I look, whether it's in a coffee shop, whether it's at it's working out whether it's at a kids soccer match or kids sporting event, I look for some commonality, and I started a conversation I fact, well, you know, I recently went to Belize and and I actually met a girl in a rural airport in Belize. That I ended up spending the last five days with and she actually came back for a week with me in Santa Barbara. There so

**Katie Clark** 13:53

Pratt said How old was she? Oh, you

**Kim Fauskee** 13:55

don't want to know that?

**Katie Clark** 13:56

Yeah

**Kim Fauskee** 14:00

I do. So that's a good I mean, that's a good point that I was going to bring up later if it came up but now that it's come up is that apparently age matters right and and I know it matters especially in American culture and especially with with women and what they think about and I'll let Justine chime in on this as well what they think about older guys dating younger women because it seems that's more prevalent than older women dating younger guys. So Katie, you have an opinion as the expert on that.

**Katie Clark** 14:38

Like seven things right there have opinions on

**Kim Fauskee** 14:44

boy so myself up for that.

**Katie Clark** 14:47

Every guy is going to go out to that market. And he's going to need to get his wiggles out. He's going to need to date that younger girl who Yeah, she might be prettier. She I'd be less better. But she's too young. And he'll figure it out. Yes needs students so we can see that she's even over the Rolling Stones. And the irony is that all these 30 year old guys are hitting on us 4050 year old women, because they know that we know what we like, we're better in bed, we're more confident. So they'll get your way out, I always tend to get the wiggles out, and come back when you see our list. And the truth of it is, men are looking for three things. And it doesn't matter your age, because I agree. It's about the age, it's about the energy of someone. And men are looking for someone who is fun, especially in our age range, because we've all been divorced now. Or we've gone through some yucky stuff. And people we all have baggage. So round two, maybe round three, we weren't having fun. We want to do good with somebody this time. And then they were looking for a fat woman who's fat. She has to keep herself well. This is a tough market. And it's easy nowadays to take care of everything. I mean, really, let's be honest, and say we all pay a little money. upkeep is good. So fun, fit and feminine. And a woman of any age who has those three things is hot on the market. So I don't necessarily think it's about IGE.

**Dr. Dana** 16:28

You know, it's interesting that you say that, because people ask me all the time, you know what the best way is to approach dating after the end of a marriage or whatever. And what I try to encourage people to do is make themselves as shiny as possible. Because human beings are really attracted to shiny, like you can't walk down the street. And if you see something shining somewhere, and not go and see what it is. So I don't care what age you are or what you know what sex you are the shiner you make yourself the more likely it is that people will be attracted to you.

**Katie Clark** 17:04

And that's doing the work. Right. I actually call that my four foundations. I absolutely agree with you. I think everyone should take some time. I used to be frumpy. When I left my marriage. I was married to a pastor, we were missionaries. I had three little kids with no money. And we lived in China. I did not look like this. I ended up working in fashion part time, styling myself better dating men that were very sophisticated learning that lifestyle, but also being proud of the 2.0 that I created. And my kids will attest to it. They're like, Yeah, my mom's like she's better on the market. Now. I say it like this. If two houses are for sale on the same street, and people are driving down the street, they're gonna want to go in the house that has the new paint, the fresh flowers that did an outside upgrade. Now ultimately, you hope the bones in the house are good. And inside is quality as well. But people see the outside first, everybody is visual. And so for all these things as women do, you men should be doing a few of those too. By the way. We'll fix here we'll talk here. Little Botox never heard any man.

**Kim Fauskee 18:19**

You hear that? Dana? Botox,

**Dr. Dana 18:23**

Syria. You know, I'm really embarrassed doing this podcast because I have not been on a date since 1978.

**Kim Fauskee 18:32**

He's lucky. You're one of the lucky ones. I'm really lucky you man, you found the unit keeper.

**Dr. Dana 18:39**

Unicorn. I am really super lucky in that regard. But it makes me at a huge disadvantage, because I can't even remember what it's like to be on a day

**Katie Clark 18:48**

where you should still be dating her. Well. being thoughtful.

**Dr. Dana 18:53**

Sure. Yeah. Well, I mean, I think that as Tim and I have talked about, and just you know, so you course you got to work on the relationship, otherwise, it's gonna die. For sure.

**Kim Fauskee 19:03**

So you brought up an interesting point. Especially and I don't know what percentage of your clientele is post divorce, what percentage is older and haven't been married before or haven't been in long term relationships before? But I think you brought up an important point because when I got divorced 11 years ago, I didn't date somebody for about 18 months because it This is covered in a previous fear me out podcast, but there was work that I knew I needed to do on myself. There were familiar patterns that attracted me to a certain kind of woman that I didn't want to be attracted to again. And so I knew with the help of a good psychologist that I needed to work on myself before I could actually go out into The dating pool again. So, I guess the question to you, Katie, if you're still there is Do you spend and I'm not talking about the matchmaking side, but I'm talking about your coaching side do you spend time

working with clients that you feel need to be working on themselves before they actually enter into the dating pool?

**Katie Clark** 20:25

Huge. And even with my matchmaking clients, I am a 24. Almost seven. Coach. You know, Dating isn't just Monday through Friday, nine to five. You went on Saturday night, he treated you weird or she acted funny. You don't know what to send at the end of the night? What tags? So I'm highly available to my clients. But at the same time, sometimes you have to regress and want to ask those questions. Well, why weren't you successful in your last two marriages? Are you picking the same? And it's hard? It's very hard. My coaching clients know that I'm going to coach them. So they're okay with it. My matchmaking clients don't always love it. They just want another date. Just give me another girl. Just give me another guy. And that's not the answer.

**Kim Fauskee** 21:17

So the matchmaking clients are looking for the quick fix the the Find me the unicorn I? I'm fine, as long as you find them for me.

**Katie Clark** 21:26

Correct. Case in point, I have a gentleman. He loves to hunt, like so much that there's probably 40 animals in his house. Very difficult to find a woman who's good with that.

**Kim Fauskee** 21:44

We have a stuffed surfboard right behind us here. So

**Katie Clark** 21:48

I remember saying well, she's cool with it. But she loves hot yoga. And she's, she doesn't necessarily want to hot with you. But she's okay that you do that. But she loves to do her hot yoga. And he said, Well, no, she has to do what I like to do. So well given you better go do hot yoga. I don't want to do that. So sometimes, I mean, I love my clients, but you can only push so much. You know how men are, they have to figure it out on their own.

**Dr. Dana** 22:15

So when you're when you meet somebody who's clearly narcissistic, and I'm not necessarily referring to this guy, you're talking about how do you handle trying to help someone that has hard time taking responsibility for themselves?

**Katie Clark** 22:29

You know, I raised three great kids. And accountability is huge for me, no one's a victim. But I say that we all have a slight piece of narcissism in ourselves. So I guess, just being blunt, and I use a lot of word pictures. So when they start to do something, I rephrase it in a story. And then they go, Well, that's not good. And then they catch the parallel. That seems to work.

**Dr. Dana** 22:58

So some people can actually have some insight, even though it may not seem like it at first.

**Katie Clark** 23:03

Yeah, I think everybody's able to grow. I mean, I'm honest enough to be honest. So you know, and I think it's because I actually really care about people and I want them to be successful in dating and life and whatever. But, you know, maybe they didn't have a mom and told them the truth. Well, here comes Katie,

**Justine Hamilton** 23:24

what are some of the biggest things that come up to you, when you do start coaching this clients? Like, is there a common theme of like, it's something in particular?

**Katie Clark** 23:35

Well, I think two things. Number one, everyone's list is ridiculous. They want perfection. They want bank accounts, they are looking for a lot of shallow, insignificant things. Rather than effort, thoughtfulness. You know, I don't care if you are short, I don't care if he's tall, is tall and doesn't pay the bills. How does it remember your anniversary? So that's where that needs to end. But then on the opposite side, a lot of people lack standards of what they'll put up with. So they end up putting up with someone who is unkind, rude to them, and who just doesn't give them any of their personal time. And you see this record player in their head, who just wants to hold on to it rather than taking the record off, cracking it and getting a new playlist.

**Dr. Dana** 24:37

So how much does your intuition play into matching people?

**Katie Clark** 24:42

I'd say a lot.

**Dr. Dana** 24:43

Yeah. How does How do you exercise that in your life and in your profession?

**Katie Clark** 24:51

I'm honest about that as well. For example, a man like my really like a woman. She's very put to Got though she's got her Chanel purse, her nails are done. I can see what she's wearing is expensive. Now men don't assess like that. They're just looking at her and she's beautiful. She's gorgeous, she's fed. And he'll say, Well, I want to date her and Katie, and then I'll just slow him down a little bit. Let me explain to you this photo. And what what she's wearing, what the car behind her represents. And if he's Mr. Alaska, wants to go hunting all the time. You might like the look of her. But that is not a right fit for you. It's not a lifestyle fit. And I'll still let him go out with her. Sometimes they need to learn on the date that his sophistication level is not going to meet hers. I mean, he wanted to go on a date with an art curator in New York. Like her life is not his life. It's it's, it's cute in theory, but it's not reality.

**Kim Fauskee** 25:59

So was it the visual that attracted him to this gal? Obviously, he wasn't a patron of the arts, but



**Katie Clark** 26:06

men are visual 100% Men are visual. i You said it earlier you called it you're

**Kim Fauskee** 26:13

probably primal instinct. Correct.

**Katie Clark** 26:17

And you know, what's interesting, women are becoming very visual as well. Because there's, they're turning into their own Boss Babes making their own money. They want you know, they don't need a man for security and finances anymore. They want a man with six pack abs and a good head of hair. And so they will just keep waiting until they can find this man of perfection who's hot? Which I said ladies do not take a hot guy. Nope. That idea.

**Kim Fauskee** 26:46

So I wanted to circle back to something that you had said about your clients, men and women coming to you with this laundry list of their ideal attributes of a partner there. And it was something that I talked about. And I was going to segue into the intuition question, but my esteemed co host here beat me to it. That I was one of those people, right thinking that I was very clear on who I wanted in my life. I could put 32 of those attributes down in expell Excel spreadsheet, and so then I met that person. Okay, that had 31 out of probably 32. And it never sat well, she always had some level of of angst when I was with her that that angst turn into full on anxiety, which turn on foreign dread in me that sounds bad, right? And so I'm thinking I'm trying to override my intuition, right saying, Okay, there's nothing that she said, there's nothing in her background. She's 31 out of 32 on the Express spreadsheet. So what is wrong with you? What Why? Why are you? Why are you not becoming comfortable with this woman? You know, she was extremely nice, you know, and, you know, understood that there was some stuff going on with me to try and become familiar with her and seven. And ultimately, I had to have this conversation, this cliché conversation with her, it isn't you it's me, which was true, right? Because I believe that the chemistry, there was just not chemistry for me there. In on paper, she met all the attributes. And I just didn't have that chemical reaction that I needed to have their

**Katie Clark** 28:43

chemistry is a whole nother topic, which we need to come back to. Okay. And I'm curious, because I do want to address this, when you knew that she wasn't your right one. Right. Was there an aha moment?

**Kim Fauskee** 28:56

I don't think there was an aha moment there was, I think, for me, it was learning to trust my intuition. Again, and I had I've spent a better part of my whole life trying to figure that out. And I think that was the aha moment for me was, listen, my guts trying to tell me something that my conscience is is trying to override here. Right. So when I'm sitting there with her enjoying a nice evening, I'm thinking to my thinking of myself. I'd rather be watching ESPN by myself than sitting on the couch with her right now. was probably the aha moment that I'm thinking, Okay, I'm not being fair to her right now. And I have to be, unfortunately, brutally honest, not malicious, but brutally honest with her that this isn't working for me. And so I struck the checklist. After that I took the checklist off the table and said it's about connection for me.

**Katie Clark** 29:55

When it's fair, I'm glad that you let her go because she deserves someone who adores her. Absolutely. And you adored her enough for that season but you realized, I think a lot of people need to hear that story. So thanks for sharing. Sure. But I worked in high end clothing retail and I use this word picture. Just because you like it on the hanger doesn't mean it's the right fit. I mean, ladies, you've gone shopping in FPC, this cute dress. It's freely antique and adorable. And you put it on and you feel like a piece of bubblegum. Not good. i No one meets. I look fat. frills are not my best luck by London on the hanger just wasn't the right fit. And dating is a lot like that. You have to remember that. Just because you like the idea that doesn't mean reality works. A lot of people live on what I call Fantasy Island. Yeah, yeah.

**Justine Hamilton** 30:56

Do you think there's a double standard in terms of what men can look like? Or what they're expected to look like versus what you're saying, you know, women should look like or what the men are kind of looking for. I mean, I know, I see a lot I'll see like the the standards are only different. Pardon me? Go ahead. Sorry. Go ahead. I mean, I see a lot you'll see like the most beautiful woman right with this guy who is not so beautiful. And you know, women are expected to look a certain way. And, you know, do all of that. Why are men not expected to do the same?

**Katie Clark** 31:34

Well, they're expected to have the money. What if the woman makes

**Justine Hamilton** 31:37

the money?

**Katie Clark** 31:40

Knowing the beautiful woman is making the money is that hanging out with the ugly guy. That's not common, I'm just being very honest about this reality. What I actually think is that it's a value set, that she has a lot of self value and takes pride in what she looks like, which is offered, you know, being thin eating right, taking care of your skin, getting good sleep, and drinking your water. I mean, if being pretty was easy, everybody would be pretty. Look as we age. I found myself this morning, I didn't look like this. This was effort. And I think the truth of that

**Kim Fauskee** 32:24

will take a picture so that we can see.

**Katie Clark** 32:27

Oh, I I will show you I've no fear. But I think what people do is it's the same value. Men who worked their butts off. It's sexy, because it's their effort. And so it's an effort in quality. And I'm okay with that. Like, look, if women work so much, and I have a lot of women who are, you know, C suite executives. And they look frazzled. And they'll tell me that, like you can tear their hair and make up their outfits, and dated because they don't have time. And the truth is, you don't have enough time to be everything. So you end up being c minus in across the board. So the idea is that caring and presenting yourself well

and in a feminine fit. And a fun way is still work. And ultimately, she could be the most beautiful woman. When she's naggy. If she's bitchy, if she's cranky, if she's rude, even wealthy men will date. It doesn't matter. She will. She will keep running the gamut and date everything but nobody will ever want to stay with her.

**Dr. Dana** 33:39

For you, if you don't mind when you're working with somebody who doesn't feel as good about themselves as they may look to you. How do you help somebody recognize their value when they don't feel you know? When they don't feel deserving of it?

**Katie Clark** 33:58

Well, the first thing we do is work on how we can fix that. Do we need to lose a couple pounds? Let's do it. I used to be a trainer at Equinox I've never heard anybody complain about looking go to their skinny jeans. Let's be honest, everybody wants the lights on.

**Kim Fauskee** 34:16

Is that guys too? Skinny jeans?

**Dr. Dana** 34:18

Well, yeah, I'm thinking there was a woman who came to see me once who when she walked in the door. I didn't I couldn't believe that there was a person that actually in real life looked that way without you know, she just didn't look real. She was inherently an incredibly beautiful woman. And I asked her, you know, was she born this way? And she said, yeah, she never had any cosmetic anything. And I was talking to her and she told me that the biggest problem in her life is that her husband would show her pictures of other women in fashion magazines and tell her that she was ugly and how come she didn't look like that? And that was I learned something in that moment that it was just stunning to me that she could not. Because I'm sure everywhere she went, people would stare at her because she was that unusual. But from her perspective, because of the way that she was raised, she just thought that she was ugly and didn't bring much to the table. I know that's a rather extreme situation. But I'm wondering if you occasionally encounter someone that really cannot see who they are.

**Katie Clark** 35:24

I mean, that's always a deeper issue. And I'm just a dating coach. I'm not really a relationship coach. But I would be honest enough to say to her, you know, why are you with him, obviously, if, if he doesn't value you, and she needs to figure out her attachment theories, which is something she'd have to walk through with a therapist, most of my clients also have a therapist, that it blends. And they always say that therapist loves me, I'm just out there to get them a little bit more bold about dating, little fun, flirty. And if they're crying with me, I'm good. I love them, I want the best for them. They know I'm their biggest cheerleader. But those deeper heart issues are something I would encourage them to get therapy for.

**Dr. Dana** 36:12

So it's not necessarily a requirement of yours as the person that you have as a as a client is in therapy, or is it just have to turn out that way.

**Katie Clark** 36:23

Most of my clients who can afford me are already of that caliber of person who are growing, reaching out to people so they can, you know, be coached, you know, increase their EQ, their emotional quotient, so almost every single one just happened to be having therapy. And then they bring on the dating coach because they feel like they're ready. You know, they built their foundation of who they are, their worth their value set. It's not on sand. It's on a on a rock now. And that's the only way you could really do well in relationships, relationships or work, but they shouldn't be hard. When they're consistently hard. It's not your best bet. Okay.

**Kim Fauskee** 37:09

So Dana and I talked about during this relationship series, we talked about dependency, dependency has a dirty word in society, or at least it has a negative context for most people, because they think if I have to be dependent on somebody, God forbid, right? That that we have a culture of individualism now that we've probably depended less on people, and I'm speaking in generalizations here. So nobody slayed me at the moment. But Dana and I took have a bit different take on it. And we did an episode on healthy dependency. So I'm, I'm interested in specifically your client's take on dependency.

**Katie Clark** 37:54

So I'm very old school. I like gender roles. I think there's a reason for him. And I think women do best when they can relax in their feminine and love of people and their area around them. And men appreciate that the men that I work with, want that. But the problem is generation, like you said, is this new boss babe mentality. I don't need you. I don't need no man is not good. And interesting. My daughter goes to UCLA. She's a freshman. She says, Mom, all these upperclassmen like me because I'm wifey material. And I said, good. You should know how to cook and clean, and be a sweet woman. What happened to that? So I would agree, I believe people are better together. Life is better together. And I think it's important that we realize there's, there's things as a woman, sure, I can take out my own garbage. My daughter can take out the garbage, but her brother's gonna do it. And I can open my own door. But if a man does it, I'm gonna say thank you. So I think that's kind of how it plays out in this. This generation is I don't need you, I can do without you. You're holding me back, which is not. I think most men are really good guys. And they kind of miss that old school vibe. And most of my clients are very old school like me.

**Kim Fauskee** 39:32

So you don't you don't have to do or coach a lot on overcoming that dependency on negative.

**Katie Clark** 39:42

I would coach more, for example, with my female clients. They feel like they always have to go half on a first date. And I'm like, why if he can't afford to buy you a meal? why would why would you even be out with him? So they need to learn how to receive chivalry He's

**Kim Fauskee** 40:00

not dead yet. No, no. I was being facetious there.

**Katie Clark** 40:05

No, we're fanning the flames, ladies.

**Kim Fauskee** 40:11

It's interesting, as I was saying, during the intro, that I followed you for quite some time now, and I've listened to a lot of advice that you've given. And I've been somewhat blown away by some of the naivety of people in basic communication skills, in terms of and I think clients have asked you, what do I talk about on a date? And for me, it's like, if you have to ask that question, why are you even going on a date? Right. And so Dana, Dana, Dana always puts me back in my place saying, well, not everybody's like you, not everybody can approach somebody, not everybody can carry on a conversation like that. So you can't, you can't look at it like everybody's like you. Right, in that. But again, it I guess, from the standpoint of, you know, your clients aren't 21 years old. Right? And, you know, they've had some life experience behind them. But asking a general question about Katie, what do I talk about when I go to dinner on this date, kind of blows me away.

**Katie Clark** 41:22

I hate to say this, but people are boring. I don't know. If it's gonna do something true to their lives well, or we've all gotten used to our phones. So we've lost some skill sets. I know that's true for the younger generation. But it is true. I even have an Instagram reel where it's like, nine, two questions to ask on a date. And they're cheesy, but they are kind of fun. Um, I was thinking, you know, like, even, like, even when people are direct. So let's say you're not on a date. But I had a client she said, Katie, I don't understand why this guy says he's not looking for a long term relationship. What does that mean? Honestly, what do you think it means? I mean, she's not looking for long term relationships. Here's a guy who's honest, interactive, good communicator. And she's still, you know, so questioning it. Hello, Lala Land. So it's true. People just, they're just not excited about dating. So when they come and sit at a table, it really just, they think it's Oh, this one more date. It's drudgery. I did have a guy, great guy. And I realized we were chatting and chatting. And he never asked me a question. So I called him out. Like, I've asked you 10 questions you haven't asked me back. And he said, Katie, I was being a good listener. So he didn't think what he was doing was wrong. Like the very fact he thought he was being a really good listener. And he knew all the things that I had said, so can I fault him for that? No, but I think he learned that this has to be a two way street. If I asked you that question. I probably want that question back.

**Kim Fauskee** 43:11

Yeah. It mean, you're right. You can't completely fault him. But he obviously didn't know the the skill of active listening, right? And providing feedback or or some level of like, oh, okay, you are listening to me, not just nodding your head.

**Katie Clark** 43:28

I love that word active listening. So with my kids, and let's remember, as parents, single parents, it is our job to teach our kids in this kind of stuff. So for example, with my boys, if I come out looking nice. They're not allowed to say Mommy look nice. What does that mean? Nice. What does that mean? I mean, so they have to give me an exact specific detail of what they like about my outfit. We're just setting them up for success and dating. So that's a great skill set to teach your kid.

**Kim Fauskee 43:59**

No, no, I 100% agree with you because I have kids. similar ages you and Justine as well here. And I don't allow them to use the word Sure. Because sure is one foot in and one foot out. That's half yes and half now. Unless something better comes along. Sure. Right. So I don't accept that as an answer for my children. So

**Katie Clark 44:21**

Today, I figured I did my hair and makeup. I said to my 20 year old daughter. She's home from college. Hey, would you mind doing a little photo shoot with me? And she did. She probably said sure. I said, "Where's your enthusiasm?" I learned that in relationship glass like yes, babe. Let's do it. Let's go on a hot air balloon. Let's go to Machu Picchu. Everyone's looking for that this season in life. Not boring. sure is boring.

**Dr. Dana 44:54**

You know, my wife recently asked me if I had any regrets in the course of our marriage because we've been there for like, I don't know, 45 years. And I said to her, the thing that I really regret the most is that I never told you how often I felt how beautiful you are. And I really regret not saying it as much as I really wish that I would have. Because what you're saying is really true that I'm being really specific about what I'm seeing. And I'm thinking to myself, well, she knows I think she's beautiful. So why do I have to say it? And now I look back, and I think it and you're such an idiot? Why couldn't you say it out loud? Right. So I tried to make up for it by telling her that I feel bad about that. And then, you know, try to notice more, because I think a lot of men live in their own little world sometimes. And, and they may notice, but they don't say anything, because you just assume it's a given. To hear. So I've given this advice to men if they're listening.

**Katie Clark 45:55**

I wouldn't go one step further. Yeah, within the first five minutes. Tell her exactly what you like about her outfit her hair her eye color. Or Simon, how

**Kim Fauskee 46:07**

are you? Right? Are you writing that down? Yes. Okay.

**Dr. Dana 46:11**

Yes. The biggest mistake I make isn't something new that you're wearing? No, I've had this for about 10 years. Oh, you just noticed.

**Kim Fauskee 46:21**

So Katie, I know you're a woman of faith. One of the premises that Dana and I work from especially from the fear me out perspective and managing fear is through intuition and faith or intuition and belief. So how much does in we live obviously, in a polarized world now, in terms of politics and faith and walking into grocery stores with or without a mask on and so on and so forth? And the conversations that you could have two years ago, you definitely can't have now how much has that affected the dating world in terms of, of you looking at your clients and trying to match them in terms of whether they are,

you know, have a secular practice, that they have a spiritual practice? There's a belief in themselves and how much does actually politics play in in terms of, of you putting people together or coaching people in relationships? Huge. More,

**Katie Clark** 47:25

So the politics of vaccination, especially in California, let's be honest, we all live in this, you know, from San Diego to Santa Barbara, very important. Politics, vaccinations, interesting, you know, Christian to Catholic to spiritual. You know, everyone's got their own definition of everything. I have a client, he's Christian, he doesn't go to church. It isn't a Christian girl who goes to church, once a Christian girl who doesn't go to church, but not spiritual, crazy. It's hard. But there's definitely a point where people appreciate that I stand on one side. So they know that I am bringing in like minded people. Because at the end of the day, like I think, I think it's cute that opposites attract. But I don't think they stick. I'd rather be more Velcro. I want to be with the other half of my apple. I don't need to be like half of an apple and a half of a pair. I just I don't think it works that way.

**Kim Fauskee** 48:37

So do you counsel your clients then on conversations not to have especially as you're getting to know each other?

**Katie Clark** 48:45

I think the biggest one is don't talk about your ex. But here's the irony. When a date gets finished, everybody gets a feedback form. And there's three truth to every story: the truth, her truth and the truth. And she'll say oh, he talked about his axe, and he'll say I didn't talk about my axe. And I'll tell him because he's the client. Well, she said that you talked about your axe. And he says, Well, she asked me about my axe. I mean, it's like, you can't wait on that. But I think people get really turned off. I was at a pool party this weekend. And sure enough, this guy keeps talking about his sexual escapades in college, his ex wife how great is ABS were. Enough this is this your MO because I mean, I'm smart enough to know not to let it work on me. But it was gross.

**Kim Fauskee** 49:47

Yeah, that apparently a tourney to speak to the psychologist here that apparently is a self esteem issue.

**Dr. Dana** 49:54

Yeah, if you got to advertise it, there's a problem. Right? It's like the It's like when the psychic people are on TV advertising. They don't have to advertise if they're psychic, or people should just know there's just no Yes, exactly. Or when the Jehovah's Witnesses come along, and I'm sorry, that's not very nice. We won't go there.

**Katie Clark** 50:14

So, this, what women want an alpha male, right, all the women in their bios, I want this badass, hardworking, go getter, man, let's become the kind of guy, you kind of have to become an asshole. And sometimes they parlay that into the relationships in business and climb the ladder, you got a cracker couple nuts. But the problem with that is that guy is gregarious, and he shows up. And he's like that

with everybody. And that's not what the woman really deeply wants. Because he's always advertising. But he's doing it to you, and to the woman in first class, and to the girls at the bar. And it's not good. So I always tell women, you want the alpha, awesome. He's quieter, you walks in the room. He's not Mr. pompous. He sold this company for a lot of money. He works hard, he's thoughtful. He's not a beta. He looks like a beta, maybe. But he's not. So there's no need to average size. I know lots of guys like that.

**Dr. Dana** 51:22

It's really interesting that you mentioned that because I see a fair number of young adolescent girls who feel like, if they want to be popular, they have to engage in sexual activities that they're not interested in. But they feel like if they don't, that they're going to be left out. So what I tried to help them understand is that if they look for the guys that are shy, and look for the guys that are a little bit quieter, and not quite as boastful and maybe not at the very top of the popularity ladder. They're going to find really nice people who will treat them with respect. So it's same thing that you're saying, in a way.

**Katie Clark** 51:57

What age are these girls? Sometimes

**Dr. Dana** 51:58

13 or 14 years old? You'd be shocked.

**Katie Clark** 52:01

Nobody should be dating. My concern date, I do not encourage dating. I'm not I look at adults who are in their 40s. And they can't even figure it out. Why are teenagers dating,

**Dr. Dana** 52:13

it's not even dating, not dating. It's not even dating. Ever since Bill Clinton was president and redefine sexual contact, they think that if they're not having intercourse, and they're not having sex,

**Katie Clark** 52:28

I'm a believer, keep your kids so busy. Where you can see them all the time. Don't even think about that. Not even close. There's a situation with parenting. And that'll be a book one day, I'm gonna write a book on parenting. So you

**Kim Fauskee** 52:47

guys just gave me the perfect segue to jump into the weeds right now. So when is it the right time to have sex when you're dating? Or is there a right time?

**Katie Clark** 52:59

Well, I mean, that's dependent on everybody. Let's do scenario number one. First day, you have sex on the first day. Ladies, the only thing here is, do not think you're gonna own him just because you had sex with them. All you have to do is say I had sex because I want to tax. Thanks. Well, but you have to keep really cool about it. But you also, you're gonna get a heartbreak,

**Dr. Dana** 53:26



create a false sense of intimacy, when you have sex with somebody you don't know. Absolutely, it's a great way to ruin are doing it. But I will tell you, I'm batting pretty much zero when I encourage people to wait.

**Katie Clark** 53:39

Wait for how long we're going

**Kim Fauskee** 53:40

back to the primal instinct.

**Dr. Dana** 53:42

Wait until they feel safe with the person.

**Katie Clark** 53:46

I would say and I only brought up the other example because it happens. You just have to play it cool. If you're a woman, you can't piss on the tree and think you own the tree. You know, and if you didn't DTR determined that relationship. You're nothing do those relations, or you should wait till you've had the Congo.

**Justine Hamilton** 54:06

And do those relationships usually last? The women that are having sex on the first date?

**Katie Clark** 54:11

Sure. So I mean, look, I'm a strong Christian. But I know relationships that have had sex on the first day got married and they're still married. I know relationships that waited. Didn't have sex. So they're married. And they're divorced, right? I mean, it's, I can't say what's right or wrong. I can see what's right or wrong for me.

**Kim Fauskee** 54:38

So I may emasculate myself here. But as I as I get older, I crave the connection before I can actually have sex with a woman because it just seems like a veiled act to me otherwise, just kind of going through the motions. Oh, that was you know, font and be done with it. But having that connection with somebody, knowing them a little bit, knowing their body just makes it 10 times better.

**Katie Clark** 55:14

That's called making love. Right? That sucks.

**Kim Fauskee** 55:21

I don't know where the lines blurred on that. Where is it? I mean, is there a differentiation be between making love and having sex?

**Dr. Dana** 55:29

Oh, I think so I think that if you want to have sex, you can have sex pretty much anytime you want, generally speaking. But I think making love it can only happen with certain people.

**Katie Clark** 55:42

I mean, sex is that first date. You guys have chemistry, which I don't agree with. Chemistry, chemistry is baloney. It's there. But it doesn't. It's not long lasting. That's the embers that keep a fire burning, not the spark. But so yes, you can have sex with anybody. But you're talking about making love?

**Kim Fauskee** 56:08

So, I mean, does it come up with your clients at all in terms of either men or women asking you when the appropriate time is or asking you, you know how they can be beat around the bush, or be blatantly honest with their romantic partner about asking for sex.

**Katie Clark** 56:29

I prefer they let me know where they're going with it. And I'll be honest, sometimes these women, because our clients have a matchmaker, these women value that and so they want to lock these guys down. Like if you're a successful man, women want to lock you down fast. So they'll have sex with you quickly thinking that, Oh, I'm gonna keep them just because I gave it away. And it can happen inside of matchmaking on dating apps. So women are giving away themselves quickly for that kind of to be taken, they want to be taken so bad that they give it away. And at the end of the day, all of that down there is a commodity. My favorite book I've read, it's called the Power of the pussy. And there's value to that. And so I do agree with you, you should wait, you should hold out, don't give the cookies. You know, what is a quiz that one guy says three months? Don't give out the cookie for three months. Who is that? I'll think of it. But yeah, clients go. So some of my clients have women coming on, wanting to get in their pants and go home and get in their bed. And these guys are like nothing's, you know, but then the opposite is Katie, I really liked this girl, I'm going to take her on a trip on a weekend, I'll get her a separate room. But then, you know, just because they actually like this girl. But these girls freak out. They think he's love bombing. And so they step back and jump in real fast. You know, they dump him real fast. And that's not good either.

**Kim Fauskee** 58:08

There's a term that a lot of my male friends use called transactional, that relationships have always been transactional, and they're even more so transactional now than they've ever been. Is that something familiar to you at all, or that you've heard?

**Katie Clark** 58:25

I mean, everything's transactional. Everything has a value set to it. So I can't dismiss that business, word appropriation to it. I'd love for it to be purely emotional and always clean. But again, it goes back to dependency if you know, I was married to a man, I stayed home, he made all the money. I did all the housework. There's a value set that we're exchanging that transaction slightly as am I dependent on him? Yes. Is he dependent on me? Yes. I'm not going to pursue these is business minded verbiage. Just so it can all be romanticized. Because this romantic idea is a little bit lala land too. So I always say this. When you get married young, you're like two entrepreneurs, and you think everything's gonna go well, and you have no idea what it's really like, man, you you're in the business, it's failing, you get divorced. You're in round two, like a lot of us. And sure enough, it's more of a, it's like a merger. So you have to see what company A and company B brings to the table. Let's guess I'm a little bit more on the

realistic side. Then this whole everything is, you know, emotionally perfect and equal. You know, there are websites for this transaction nowadays. I mean, it's out there and there are clients who asked me about that and I don't do that. But like at the end of the day, Hey, he wants something she wants something. Everybody has a value and a need.

**Justine Hamilton** 1:00:04

What are the top things that you see that people break up over? Or it doesn't work out? Like, is there a common theme? That's a good question.

**Kim Fauskee** 1:00:15

I'm just saying,

**Katie Clark** 1:00:19

people don't give the other person time. It's not an equal giving. So I'm a believer that men should put the effort in. And if a woman likes you back, she shouldn't mirror that effort. So if he's wanting to take you out twice a week, if you like him enough, you'll figure it out. And you'll go out with him twice a week. But if she never has time, she's too busy with your kids. He's too busy working, whatever the reasons are, of someone's not giving you that mutual time. Break up. That's really, it's hard.

**Justine Hamilton** 1:00:53

Because it could be a great relationship, but they're just neither one of them. Were putting the right amount of time into it, and then it's not working. That's a bummer.

**Katie Clark** 1:01:01

That and weird. I get a lot of like, so I believe there are three dates, three weeks, three months. And usually after three weeks, you start to see some of the weird factors. I had a client who was dating a girl really liked three but put a lot of effort in. she then proceeded to say about a month in, you know, I talked to aliens, I need to know what time you were born. Crystals everywhere in our house. Too much, too much.

**Justine Hamilton** 1:01:35

And I still going back to what you said earlier, I still find it so astounding, that you your clientele is smart, they're successful. They're, you know, involved in life and the world and business and they still go to a date. And they're like, What do I talk about?

**Katie Clark** 1:01:51

Well, I mean, I prep my clients, but even my Instagram followers. My clients mostly struggle with things like, Katie, I like her. What next? And this is why and so this is why I'm on Team the diet. Because every woman has a different structure of how she likes things. I like men to move quickly. Be the man with the plan. Show me like me, like grabbing as much as you can. So that I know. And then you have other women who are like, I'm busy this week. Can I do it next week? I don't know, I have to think about it. She doesn't talk to her girlfriends about this guy. So he doesn't know how to traverse this whole situation. And for most of my male clients, their biggest issue is like what next? I like her.

**Justine Hamilton** 1:02:42

But is that just women? Like is that just a difference in women's personalities? So you're sort of the middle person really listening, she's just a slow roller. She likes you. Take your time. She's around.

**Katie Clark** 1:02:56

Yes, until it's been a month and she's still really not putting the upper back end right. Then after reminding them, look, you deserve better. You deserve someone who adores you back. Right? Yeah. Because most of these guys will stick it out. And I gotta give guys credit. They're dealing with some crazy over here. And they if they really liked you, they're pretty flexible. They're willing to make it work.

**Justine Hamilton** 1:03:22

Yeah, sounds like they're busy too. So they have little more time to wait around.

**Kim Fauskee** 1:03:28

I know we talked about this earlier in the episode, but direct and honest communication instead of walking on eggshells is that I mean, you know, because I, I think when two people like each other, or one person likes each other, and they're not sure if that other person likes them, it's kind of this dance that they do, instead of being dragged and say, Hey, I really liked you. I really liked to see you more, I'd really like this to work out. And then maybe it's not reciprocated on the other side, and they don't want to hurt that other person's feelings. And then so now you're in this gray area for weeks or potentially months where one person is on one side thinking it's going one way and the other person's thinking it's going the other way.

**Katie Clark** 1:04:17

Great point. Big issue in dating. couple thoughts on that. So you can't worry that you're like breaking someone's heart, especially in the early stages of dating. I believe when you're dating someone, you're literally just actively going on dates. You're not seeing them exclusively, and you're not in a long term relationship. Or you're dating. You have to assume they're dating other people. Even if they're not, you might be doesn't matter. You haven't defined anything. But in three days, three weeks in three months, you should decide. Is this person worth it? Where are we at? I love a man who's honest and direct. But men now in three seconds, women know in about three days if they like you. And I've had a lot of men get upset. Well, they should know as quick as I know, women just don't we have, we're overthinking. You know, primary him Can I will my kids like and like, I gotta talk to my girlfriends. So you just have to be more patient with women. And then the other thing I teach my clients is this idea of how many toes in Are you gonna shoot with people put like four toes in, you know, out of your 10 toes, you're testing the water, like, just want to just put one thing in the water and see how you like the water, is it a good temperature. So if you're just dating, you should have one toe in, when you start putting your toes in is when you get heartbroken, and your feelings get hurt. Again, I'm a little bit more transactional business minded on this. But you can't give all of your heart to one person when you're dating.

**Kim Fauskee** 1:06:02

So we're bumping up against the allotted time for us today. And boy, there's been a lot of information in terms of dating. And we didn't even get to the Bumbles and the hinges and the matches and things like that. But maybe we can get back to that in a second. But I do want to get your expertise because I'm

sure there's some people listening right now and saying, Okay, I'm in the dating pool, I've been in the dating pool, I'm really frustrated with it, right? I've tried different social media sites, I've tried picking up on the guy or the girl at the produce section at Whole Foods, and nothing's working for me. So as the voice of reason, in the voice of hope, what type of advice would you give those people?

**Katie Clark** 1:06:53

You gotta keep trying. It's a numbers game. Here, one is out there. You gotta have faith. Without faith, it's impossible to please God. And faith is being sure what to hope for, and certain of what you do not see. So you gotta keep going.

**Kim Fauskee** 1:07:09

So, so it just becomes a numbers game. And so somebody's gonna sit there and think, Well, they're gonna think of their analytical mind. Does that mean I have to kiss 50 frogs to find that one? Or is it 500?

**Katie Clark** 1:07:22

Numbers? 30? Actually, is

**Kim Fauskee** 1:07:23

it 30 Frogs, okay,

**Katie Clark** 1:07:25

that's what I've come to. Okay. In my decade of doing this takes about 30 days to find your land. And in that process, you're learning. And especially if you're with me, you're growing, you're becoming more focused, you're learning how to vet, you're learning to see what you do on what you don't want. And so yeah, I think that's really part of the key and to enjoy all 30 days. They're great people, otherwise you wouldn't have been out with them.

**Kim Fauskee** 1:07:54

Well, that was a lot of information. Anything else from my esteemed co host here today?

**Justine Hamilton** 1:08:00

I have a personal question.

**Katie Clark** 1:08:02

Are you dating?

**Justine Hamilton** 1:08:03

Are you married?

**Katie Clark** 1:08:05

I usually don't share this. Because I do try to keep it personal. And I have dated for the last 12 years. I'm not married. I do want to get married again. And I have met somebody who is online. I'm a big

proponent of online. And we have a long distance relationship. And it's been going for a couple years. Congratulations, you can make it work.

**Justine Hamilton** 1:08:30

Yeah. Good for you.

**Kim Fauskee** 1:08:32

So that's a good, that's another good point before we in this in terms of you know, Santa Barbara is a smaller town. It's smaller than Orange County, it's smaller than Los Angeles. Right. So the available applicants in the dating pool and those that are or, I guess not fearful enough to, to actually put themselves out there. And you talk about the number game that you don't have to necessarily Jate date within your geography, almost a demographic that would have been personal, but geography that long term relationships

**Katie Clark** 1:09:13

are not the fish you want to catch.

**Kim Fauskee** 1:09:15

In when we talk about long distance relationships, is there a geographic boundary that should be within an error airplane flight should be within a number of hours of driving to to actually make it work or doesn't really matter.

**Katie Clark** 1:09:33

I would say it shouldn't matter for the right person, but I've dated long distance. And I would much rather fly for two hours than drive for two hours. And here's my thing, too, is if you're going to date long distance, you have to know the number of days you can go until you start getting restless. And we've pin that down to 10. So every 10 days we see each other. It's a lot of effort. It's a lot of work, you have to be able to finance Hello, and energetically sustained that, right?

**Kim Fauskee** 1:10:04

And is it up to? Is it up to the man to put more of the effort into it at least initially? Or do you think it's a split? decision on? You spend time there he spends time where you live? Or how do you how do you look at that?

**Katie Clark** 1:10:24

It's 100% The man's job to put the effort into pursuing her. How that looks depends on who's got more availability. I mean, it depends. I had kids, so he came out this way more now. It's different. My kids are gone. So I can go that way more. But really, may I just end with this? True men should pursue women. I've never met a woman who said she has no problem being the pursuer. Never.

**Kim Fauskee** 1:10:54

Well, there we go. That's the perfect ending for the dating with Katie episode. And she is the voice of reason and the voice of hope for all of us that are still single out there that are looking for that unicorn in this world.

**Dr. Dana** 1:11:06

Thank you, Katie. We really appreciate your time.

**Katie Clark** 1:11:08

Thank you for having me. And let's talk about chemistry next time. Yeah.

**Kim Fauskee** 1:11:13

Thanks, Katie. Appreciate it. Thank you.

**Katie Clark** 1:11:15

Thank you. Thanks again.

**Fear Me Out** 1:11:18

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